

Guidelines for Home Holy Communion during Staying at Home due to Covid-19

The temporary practice of Home Holy Communion is supported by Bishop Selbo of the NALC, and it is approved by the Church Council of Redeemer Lutheran Church.

This is a temporary practice due to the impact of Covid-19 on church attendance.

The limited time period will begin on Sunday, November 29, 2020 (the First Sunday in Advent) and go through the month of February. At that time, Pastor will determine if an extension of the practice is called for.

Steps to Follow:

- Before participating with the on-line worship service, set up a small serving of wine or grape juice for each person taking communion with you, and set up the appropriate pieces of bread. Set up only the amount that you are going to use for Holy Communion. You want to avoid having leftovers.

If you do have leftovers, the remaining wine and bread must be disposed of properly in one of two ways. You may drink and eat all the remaining wine and bread that had been set out for Holy Communion. Or, take them outside and pour the wine onto the ground, and bury the bread in the ground. Do not pour the leftover wine down any drain, and do not throw the leftover bread into the trash or garbage. As Lutherans believe that consecrated wine and bread is the body and blood of Christ.

- Participate with the entire on-line worship service.
- After some church members have come forward and received Holy Communion, then join us by taking Holy Communion there in your home.
- As people continue to receive Holy Communion at church, meditate upon God's grace given to you through Jesus Christ, and his Cross.
- Continue to participate with us for the rest of the worship service.

You may still opt for making an arrangement with Pastor to gather as a household at the church in order to receive Holy Communion in the church setting. For the safety of all, masks and social distancing would be used.